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SUNDAY TIMES:
BIBLE STUDIES: 09H00
WORSHIP: 10H00 TO 11H00
02 AUGUST 2026

Preacher: Johan Smulders
Sermon Topic: David, a man after God's heart - no 2
Scripture Reading: 2 Samuel 22: 1 - 7
Text: 1 Samuel 13: 14; Acts 13: 22

LADIES' BIBLE STUDY

All the ladies are invited to join in and attend the Bible Study classes, every Wednesday morning at 10am. At present the book of Hebrews is being studied and discussed.

BIRTHDAYS

Erika Roberts –3rd August
 Happy birthday to a wonderful woman of God! May your special day be filled with His love, peace and abundant blessings.

PRAYER REQUESTS

Let us pray fervently and often for those of our congregation and their loved ones who are facing health issues, stressful situations or grieving the loss of a loved one. Please add Louise's sister, Ethel, to your prayer list as well.

VISITORS

Welcome - we are so glad you joined us today! Don't hesitate should you have any questions. We hope to see you again – and again!

THOUGHT FOR THE NEW MONTH

A new month is a fresh gift from God that invites us to let go of the past, trust His new mercies, and walk forward with renewed faith.

Lamentations 3: 23: "His mercies never come to an end; they are new every morning."

SUNDAY BIBLE STUDY - 9 a.m.

We encourage everyone to attend the morning Bible Study classes, as we study the book of Acts. Johan is facilitating the class. Please join us during this time of learning God's Word. Continue reading through Acts!

Song Leader: Braam Le Roux **Scripture Reading:** Braam Le Roux
Opening Prayer: Des Hagemann **Lord's Table:** Ray Calder
Closing Prayer: Chris du Preez **Attendance last Sunday:** 36
Servers: Braam, Ray, Chris & Des

GOD SUPPLIES STRENGTH - Doy Moyer (Edited)

At times, life can be challenging and we may feel like David, who said, "For we are sojourners before You, and tenants, as all our fathers were; our days on the earth are like a shadow, and there is no hope (1 Chron 29: 15). Some days we may feel this more strongly than others. Job said man is "Like a flower he comes forth and withers. He also flees like a shadow and does not remain" (Job 14: 2).

The Bible acknowledges these emotions and then teaches us how to deal with feelings of futility. Laments in the Psalms are an important part of this teaching. "Why are you in despair, O my soul?" Psalms 42 and 43 show the pain of despair, but then points to hope in God.

No matter how inadequate we see ourselves, God has the answer and He supplies the sustenance to keep us alive and active. As Jesus said to the woman at the well, "Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life" (John 4: 13 - 14).

Can we make it around one more corner? Not alone, but by God's grace, strength and sustenance we can. We can't make it on our own, but if we will let God fill us with His Word, we can be renewed, refreshed and ready to continue serving. God supplies us "all things that pertain to life and godliness, through the knowledge of Him who called us to his own glory and excellence" (2 Pet 1: 3). "And my God will supply every need of yours according to His riches in glory in Christ Jesus" (Phil 4: 19).

"Yet those who wait for the Lord
 Will gain new strength;
 They will mount up with wings like eagles,
 They will run and not get tired,
 They will walk and not become weary" (Isa. 40: 31).

National Woman's Month



YOU ARE
Beautiful FOR YOU ARE
Fearfully AND
Wonderfully MADE.
-PSALM 139:14

A GODLY WOMAN

W – Worships God with all her heart and soul.
O – Obeys His word in her daily life.
M – Meditates on His truth and love.
A – Acts with kindness and gentle hands.
N – Nurtures her family and community in faith.



As our Country observes and celebrates August as National Women's Month, it may also be an appropriate time for us to pause and contemplate on and acknowledge the vital role our Keam Rd ladies play, often quietly and behind the scenes. Evangelism and teaching, benevolence outreach projects, organising functions, visitations and meals, hospitality and care, supporting their partners and a Godly example, are but a few examples of how our ladies are essential to the body of Christ. To each and every one of you, past and present, God bless you one and all.

In Biblical teaching, the "powers" of a woman often refer to the profound spiritual and moral virtues derived heavily from the Proverbs 31 woman, which these seven distinct strengths include:

1. **Dignity** (Proverbs 31: 25): Self-worth, inner strength and conducting oneself with honour.
2. **Wisdom** (Proverbs 31: 26): Speaking with grace and applying spiritual insight to daily life.
3. **Courage** (Proverbs 31: 25): The boldness to face the future and trust God without fear.
4. **Generosity** (Proverbs 31: 20): Having a compassionate heart to reach out and help the poor and needy.
5. **Diligence** (Proverbs 31: 27): The power of hard work, resourcefulness and managing affairs with excellence.
6. **Influence** (Judges 4 - 5): The ability to lead, judge, and bring positive change, as demonstrated by the prophetess Deborah.
7. **Surrender** (Luke 1: 38): The spiritual power of humility and faith, as modelled by Mary, the mother of Jesus.



Bulletin compiled by: Charmaine Bailey

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